



## E-Lybra – Energy Balancing System

### What is it?

The e-Lybra is a bio-resonance energy balancing system.

### What is Bio-resonance?

Bio-resonance is an umbrella term which is traditionally used to describe the interaction between the bio-fields of a living organism and the frequency patterns that interact with specific parts of it.

### How does it Work?

The e-Lybra is designed to analyse imbalances in the bio-field of the client and at the exact same time produce bio-resonance patterns that harmonise the imbalances found.

### What Imbalances are Covered?

The range of imbalances includes the complete physical, psychological, emotional, neurological, hormones, poisons and toxic substances, bacteria, viral and parasites, and subtle energy.

### Who Can Use It?

It is suitable for everyone from babies through to all ages and can be considered an important addition to any other health program.

### What Can I Expect During a Session?

You can expect to sit on a comfortable chair in a relaxed surrounding and to be connected to the e-Lybra system. A series of scans will assess

imbalances in the physical body. It is common for clients to experience slight tingling in the body. This is perfectly normal and not harmful.



### What Will I feel Like After a Session?

You can expect to feel more relaxed after your session and it is suggested you take time to rest.

### How Many Sessions Will I Need?

This depends on the purpose of your visit but you can expect anything between 1-6 sessions (or even monthly or fortnight regular sessions)

### How Long is a Session?

Generally speaking you can expect it to last for 1- 1 1/2 hours but again this depends on the purpose of your visit.

### What Can it Be Used For?

Addiction: Allergies: Anxieties & Stress: Body System Support (liver, digestive, reproductive, lungs etc.): Detoxify: Grief & Bereavement: Headaches: Immune System Support: Joints-Inflammation: Menopause: Muscle (inflammation & Sprains): Menstruation (Painful & PMT): Skin Complaints: Sleep Disturbances: Smoking Cessation: Sports Injury: Tiredness: Weight Balancing: Well-being (preventative)

### How do I Book an Appointment?

We are based on Park Street in Lytham

**Telephone Michele on 07596367515**

